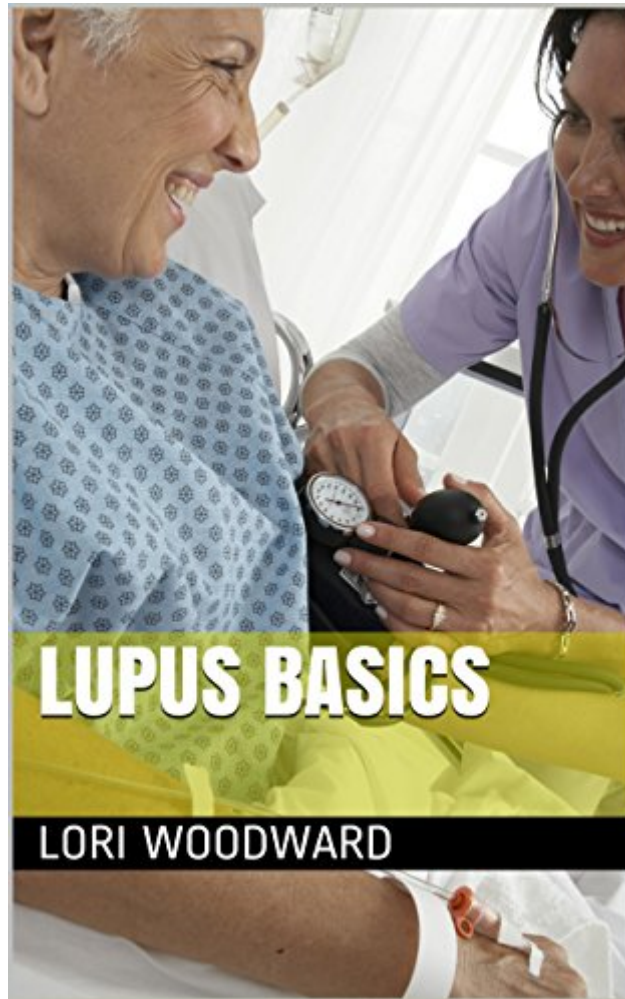




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Lupus Basics



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Synopsis

Have you or a loved one recently been diagnosed with lupus? Are you looking for a simple and basic introduction to lupus? This book covers:- an introduction to lupus- an overview of the immune system- what symptoms lupus may present with- how lupus is diagnosed- traditional medical treatments and drug classes including corticosteroids and immunosuppressants- lifestyle improvement information including exercise and nutrition- an introduction to alternative therapies- a resource section- an extensive reference list Clear and concise - exactly what you need if you would like to have a good beginner reference to lupus for either yourself or your loved one.

Book Information

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Customer Reviews

I was afraid to buy this book because it sounded like the same ok' stuff that's been in all the other books on lupus but it wasn't. It had all the defining information but used it to tell you how it can be changed. Really cool book!!!

It was good for getting the feel for the disease. I would recommend this for someone who was just diagnosed

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